



# REVISTA PERUANA DE GINECOLOGIA Y OBSTETRICIA

## INFORMATION FOR AUTHORS

### CONTENT:

#### POLÍTICA EDITORIAL

- Submission of articles
- Ethical aspects in the editorial process
- Experimentation in humans and animals
- Guidelines for submission of articles
- Authors and contributors of articles
- Acknowledgements
- Declaration of conflicts of interest
- Declaration of rights transfer of copyright
- Permission for publication of content
- Checklist of items sent
- Peer review
- Galley proofs
- Disclaimer

#### REQUIREMENTS FOR THE SUBMISSION OF ARTICLES

- Original articles
- Review articles
- Short communications and case reports
- Symposia
- Letter to the Editor

Revista Peruana de Ginecología y Obstetricia is the official publication of the Peruvian society of obstetrics and Gynecology. It aims to disseminate knowledge of the specialty of OB/GYN and human reproduction among partners and professionals in the area of sexual and reproductive health and related specialties.

Revista Peruana de Ginecología y Obstetricia (RPGO) was founded in 1955 and since then publishes the results of original research in the field of the OB/GYN and subspecialties such as: maternal-fetal medicine, reproductive endocrinology and infertility, gynecologic oncology, urogynecology, laparoscopic surgery, family planning, obstetrics, pediatric and adolescent gynecology, menopausal and geriatric gynecology. In addition, issues related to gender and violence, teaching and research, and public health are published. Unpublished items published in the Revista Peruana de Ginecología y Obstetricia may be on basic sciences, controlled clinical trials on therapeutic agents, effectiveness of diagnostic tests, epide-

miological aspects, public health, and continuing medical education related to the field of the OB/GYN.

Revista Peruana de Ginecología y Obstetricia is published quarterly a volume per year divided in four issues, peer-reviewed by peers and is indexed in the following databases: LIPECS, LATINDEX, IM-BIOMED, REDALYC, DOAJ, sciELO, e-revist@s, RED-IB. Revista Peruana de Ginecología y Obstetricia is distributed both in print as electronics versions, with free access to full text.

Articles published in Revista Peruana de Ginecología y Obstetricia are divided into the following sections: Editorial, original articles, short communications, clinical cases, review articles, symposia, articles of opinion, historical articles, biographical sketch and letters to the Editor. For submission of articles to be a member of the Peruvian Society of Obstetrics and Gynecology, or specialist in Gynecology and obstetrics is not requirement, but one of the authors must be medical collegiate. Revista Peruana de Ginecología y Obstetricia is published according to the Uniform Requirements for Manuscripts Submitted to Biomedical Journals (<http://www.icmje.org/>).

### EDITORIAL POLICY

#### SUBMISSION OF ARTICLES TO THE RPGO

Articles submitted to the RPGO must be unpublished, either totally or in part. Articles should not be submitted simultaneously for publication in another journal. Articles submitted to the RPGO can be written in Spanish, English or Portuguese, language according to origin and preference of the authors. Submission will be made electronically to the following email addresses:

jpachecoperu@yahoo.com spogperu@gmail.com

The following three files should be attached:

1. The article prepared and written according to the requirements of the RPGO.



2. Affidavit of authorship and permission for publication of the scientific article with the respective signature of all authors recording their institutional affiliation, profession and higher academic degree, e-mail, telephone and the specific contribution in the elaboration of the article. This affidavit in electronic format is available at: <http://www.spog.org.pe/web/index.php/component/content/article/94-documentos/244-revista-peruana-de-ginecologia-y-obstetricia>

3. Checklist available at: <http://www.spog.org.pe/web/index.php/component/content/article/94-documentos/244-revista-peruana-de-ginecologia-y-obstetricia>

The RPGO policies, including those related to conflict of interest, ethical, and misrepresentation of data and documents, apply to all submitted articles. The documentation is required to start the publishing process, or the article will be returned to the author.

If the article was submitted previously to another journal, the authors must provide a detailed copy of the comments of the peer-review.

Initially, the submitted articles are evaluated by the Editorial Committee of the RPGO.

Some articles will be rejected immediately if they do not meet the stipulated requirements; all articles are subject to review by peers.

### ETHICAL ASPECTS IN THE EDITORIAL PROCESS OF THE RPGO

Prior to the submission of articles to the RPGO authors are recommended to consider as set forth by the International Committee of Ethics in Scientific Publications, whose recommendations are found in the Code of Conduct and Best Practice Guidelines for Journal Editors, recommendations followed by the Editorial Committee of the RPGO. This information is available at: <http://publicationethics.org>

Through these guidelines, the RPGO considers as ethical misdemeanors plagiarism, fictitious authorship, changes of authorship, redundant publication, data manipulation, undisclosed conflict of interest. In case of detection of any ethical publication misdemeanor, the RPGO will reject the article and take the measures recommended by the International Committee of Ethics on Scientific Publications which includes information of the misdemeanor to the author, other authors, to the

institution where he belongs, to his superiors, to the source of the funding entity, to the Ethics Committee of the institution, to other scientific journals and authorities.

### EXPERIMENTATION IN HUMANS AND ANIMALS

Articles describing experiments carried out in humans should indicate whether the procedures followed were according to the ethical rules of the institutional or regional Ethics Committee and the Declaration of Helsinki (World Medical Association Declaration of Helsinki: recommendations guiding physicians in biomedical research involving human subjects. JAMA. 1997;277:925-6) (<http://www.wma.net/en/30publications/10policies/b3/>).

In Peru, the rules to follow for experimentation on humans are laid down in the Regulation of Clinical Trials. The National Institute of health of Peru is the authority responsible at the national level to ensure compliance with that regulation and the related rules governing the authorization and execution of clinical trials.

The authors of clinical trials in humans require approval by the National Institute of Health before starting the experiment. At the request of the RPGO, the author must deliver copies of documentation evidencing authorization.

For animal experimentation the authors will take into consideration international standards for use of animals for experimentation, in particular those recommended by the Office of Animal Care and Use of the National Institutes of Health (<http://oacu.od.nih.gov/index.htm>), as well as the guidelines of the institution or national law governing the care and use of laboratory animals. The animals used must be named in the title, abstract, keywords and materials and methods. Such experimentation should be thoroughly detailed in the materials and methods section. Animal experimental research carried out in Peru, must have the approval of the Committee of Ethics and Animal Welfare at the Faculty of Veterinary Medicine of the Universidad Nacional Mayor de San Marcos: <http://veterinaria.unmsm.edu.pe/CEBA.htm>.

Patients' names, initials, number of clinical history, or general data enabling identification of study subjects should not be mentioned. Images of patients in the publication of original articles or case reports must have the permission and informed



written consent. The recognizable characteristics of photographs of identifiable people must be masked. Studies on patients, records of patients or volunteers, require the approval of the institutional Ethics Committee as well as informed consent.

#### GUIDELINES FOR DEVELOPMENT AND PRESENTATION OF RESEARCH

For the submission of articles to the RPGO authors are recommended to follow the guidelines established internationally for the design, realization and presentation of different types of studies:

Randomised controlled trial: CONSORT (<http://www.CONSORT-statement.org/>)

Systematic review and meta-analysis: PRISMA (<http://www.prisma-statement.org/>)

Systematic review and meta-analysis of observational studies: MOOSE (<https://www.editorialmanager.com/jognn/account/MOOSE.pdf>)

Diagnostic tests: STARD (<http://www.equator-network.org/reporting-guidelines/stard/>)

Observational studies: STROBE ([http://www.strobe-statement.org/index.php?id=strobe-singel-news-view&tx\\_ttnews%5Btt\\_news%5D=1467&cHash=d32ea2d69f02b2f940b412133e537268](http://www.strobe-statement.org/index.php?id=strobe-singel-news-view&tx_ttnews%5Btt_news%5D=1467&cHash=d32ea2d69f02b2f940b412133e537268))

Health Economics: ([https://www.elsevier.com/\\_data/promis\\_misc/ajoghealth.pdf](https://www.elsevier.com/_data/promis_misc/ajoghealth.pdf)).

#### AUTHORS AND CONTRIBUTORS OF ARTICLES SUBMITTED TO THE RPGO

The authors of papers presented to the RPGO must submit the affidavit of authorship. This requirement applies to all types of article including editorials and letters to the Editor. Ethical considerations about the authorship and collaboration should be adjusted according to the provisions of the uniform requirements for manuscripts submitted to the biomedical journals of the International Committee of Editors of Medical Journals (<http://www.icmje.org/icmje-recommendations.pdf>) and the International Conference on Harmonisation of Technical Requirements for Registration of Pharmaceuticals for Human Use (ICH: <http://www.ich.org/home.html>).

The recognition of authorship should be based on:

- 1) Contributions to the idea and study design, data

- collection, or to the analysis and interpretation of data; 2) The drafting of the article or revising it critically for intellectual content; and 3) Final approval of the version to be published. Authors should meet conditions 1, 2, and 3. The search for funding, data collection, or supervision of the research group does not justify authorship. All persons listed as authors should meet the criteria for authorship, and all those who meet them should appear in the list of authors. All contributors who do not meet the criteria for authorship should appear in the acknowledgments section.

#### ACKNOWLEDGMENTS

Collaborators of the study, i.e., people who made significant contributions to the article, including participants in clinical trials are acknowledged. It should be mentioned specifically who and what type of cooperation in the investigation was carried out. The contributors mentioned in this section should give in writing authorization for the publication of their names.

Examples to be included in Acknowledgements: people who collaborated giving only technical help, collaboration in the drafting of the manuscript, the heads of departments whose participation was of a general nature.

#### DECLARATION OF CONFLICTS OF INTEREST

Authors submitting articles to RPGO should declare any personal or commercial relation that may present bias and therefore a conflict of interest in connection with the submitted article. Conflicts of interest may be direct or indirect, including financial interest of the authors by the company that sponsors the study as well as jobs, grants, payment of per diem, travel, consultancies, etc.

If the author has shares in the company or employee thereof either full-time or part-time, it should be indicated in the Declaration of conflicts of interest. Failure to do so may result in sanctions.

Announcing the sources of financial support of the study does not imply a conflict of interest.

#### DECLARATION OF ASSIGNMENT OF COPYRIGHT

Authors submitting articles to the RPGO, at the time of sending the sworn statement of authorship and permission for publication of the article give



up their patrimonial rights to the Sociedad Peruana de Obstetricia y Ginecología for releasing the article on the conditions, procedures and means available. The authors will not receive royalties or compensation on the part of the Sociedad Peruana de Obstetricia y Ginecología by the publication of the article in the RPGO.

### PERMISSIONS FOR THE PUBLICATION OR DISSEMINATION OF THE CONTENTS OF THE RPGO

Under the aegis of the regulations, all rights are reserved by the Sociedad Peruana de Obstetricia y Ginecología. The dissemination of the contents of the RPGO (text, tables, figures) is authorized provided you cite the source.

For authorizing the reprint of a number of the RPGO refer to the direction of the Journal.

The RPGO has legal deposit and is free to all members of the Sociedad Peruana de Obstetricia y Ginecología, general practitioners, universities and scientific and academic institutions. The RPGO is subject to exchange with other similar publications.

The RPGO is available full text in: <http://www.spog.org.pe/web/revista/index.php/RPGO/index>

### PAPERS SUBMITTED TO THE RPGO CHECKLIST

Checklist of items sent to the RPGO must be completed in its entirety by the author to see that the article meets the requirements for publication. The checklist next to the item to be published and the sworn statement of authorship are sent via e-mail. If an article does not apply to some of the items of the checklist, the box is left unchecked. If the checklist is not submitted, the publishing process cannot continue.

### PEER REVIEW

Review by peers or arbitration is a method used to ensure the quality, originality, feasibility and scientific rigor of an article of research. Peer review is a process that is mandatory for all types of articles which are presented to the RPGO except for editorials and letters to the Editor that are evaluated by the Editorial Committee.

Papers submitted to the RPGO are evaluated by reviewers with experience and knowledge of the

subject referred in the article to assess, with the slogan that their concepts achieve good judgment and high quality for publication. The requirements to be a reviewer in the RPGO are: knowledge of the topic, impartiality, academy, innovation, responsibility. Reviewers selected for the RPGO are not remunerated but they are mentioned in the printed volume where contributed. When required by the article, there are reviewers experts in the field of biostatistics and epidemiology. The authors of articles should not suggest reviewers since this constitutes a conflict of interest.

Papers submitted to the RPGO will be evaluated initially by the Editorial Committee according to the requirements and then will be subjected to arbitration by pairs for which the Editorial Committee invites 2 reviewers per article who anonymously and in a period of 15 days will qualify the article through a report. The type of review is double blind. Referees or reviewers issue suggestions and recommendations on how to improve the article. The evaluation of referees consider the article:

- Suitable for publication without changes
- Suitable for publication with minor changes
- Suitable for publication with major changes
- Not suitable for publication.

Once received the suggestions and recommendations, these are sent to the author who is given 15 days to submit the modified article. No article will be accepted definitively until all of the corrections have been clarified and modified. To facilitate the task of the Editorial Committee, when the authors send a manuscript previously evaluated, they must enclose a letter where they expose the modifications carried out (section, page, line) and, where necessary, divergent points of view. Depending on the case, the RPGO can resubmit the corrected article to a reviewer before considering its publication. If the corrections were not sent until a period of six months, the article will be rejected for publication. The RPGO reserves the right to make changes or amendments to the article for the sake of a better understanding, unless these changes modify its content. The corresponding author will finally check the pdf before final publication. Reviewers may suggest to the original article to be published as short communication or letter to the editor.

The average time of the editorial process from receipt of the item until the decision of the Editorial Committee publishing the same, having passed



the review process by pairs and corrections, varies between 2 and 4 months. The author may request information on the progress of the review of the article as well as the stage of the publishing process in which the article is.

#### GALLERY PROOF

It is a stage of the publishing process to the layout and editing of the article to be published. A test gallery proof of the article will be sent to the author in PDF format. The proof will be carefully reviewed and marked the possible errors, returning the proof corrected within a period of 48 hours. Changes to the content of the article will not be accepted. The Editorial Committee reserves the right to admit or not the corrections made by the author in the gallery proofs. If authors do not print proof observations, the Editorial Committee will consider the final version accepted.

#### DISCLAIMER

Claims, judgments and opinions expressed in the articles published in the RPGO correspond to the authors and not necessarily to the Editorial Committee of the RPGO. Both the Sociedad Peruana de Obstetricia y Ginecología and the Editorial Committee of the RPGO do not assume any responsibility for the material presented, nor guarantee or support any product that is advertised in the magazine, nor guarantee claims made by the manufacturer of that product or service.

#### REQUIREMENTS FOR THE SUBMISSION OF ARTICLES

The requirements for the submission of articles to the RPGO conform to the uniform requirements for manuscripts submitted to biomedical journals of the International Committee of Medical Journal Editors (<http://www.icmje.org/icmje-recommendations.pdf>).

Articles must be submitted in Spanish, English or Portuguese, typed in word for windows, with a font size no less than 12 in paper size A4, double-spaced, with margins of 2.5 cm. Each component of the article will begin on a separate page and with consecutive numbering on the top right, in the following order: title page and title summary, summary and abstract, main text, acknowledgements, references, tables and figures with legends.

Papers submitted to the RPGO must belong to one of the following categories:

- Original article: Unpublished research paper on a subject related to the scientific, technical, humanistic or ethical field of gynecology, obstetrics or human reproduction.
- Review article: Nosologic review that synthesizes, analyzes, and updates a theme of gynecology, obstetrics or human reproduction, including the scientific evidence. The Editorial Committee of the RPGO may invite experts on a topic of interest for the corresponding writing.
- Short communication: Brief writing on a given topic that the author presents to the journal for knowledge and discussion. It may be an original preliminary investigation or it does not have the significance of an original work.
- Case report: Obstetrics or gynecology case report of diagnostic interest, rarity of observation or obvious interest that warrants its publication.
- Opinion article: Writing characterized by exposition and argumentation of the thought of a recognized person on a subject of the specialty.
- Symposia: Exposition of different aspects on a topic in the field of gynecology, obstetrics or human reproduction done by experts in the field through individual writings.
- History: Narration and exposition of past events related to obstetrics, gynecology and human reproduction.
- Biographical sketch: Biographical sketch of a contemporary medical OB-GYN, whose work has had particular influence in the specialty or in the life of the Sociedad Peruana de Obstetricia y Ginecología.
- Letter to the Editor: Written communication addressed to the Director of the journal.

#### I. ORIGINAL ARTICLES

The total length of the manuscript, including bibliography, will not exceed 14 pages. Preferably you should not extend more than 3500 words of content, 5 figures or tables, and 30 references. They shall be drafted according to the following scheme:

- Abstract and keywords
- Abstract and keywords in English



- Introduction
- Methods
- Results
- Discussion
- Acknowledgements
- Bibliographic references

### 1. THE FIRST PAGE OF THE ORIGINAL ARTICLE WILL INDICATE

- Article title, concise and informative, with an approximately 15 words, do not use abbreviations; the conclusions of the study should not be included in the title
- Name of the author or authors: name and surname.
- Name of the department or departments and the institution or institutions, to which the work should be attributed.
- Academic degree and institutional affiliation of the authors.
- Name, address, telephone and e-mail of the corresponding author.
- Statement that the material contained in the manuscript has not been previously published or submitted to another biomedical journal.
- Consent of the institution and the people studied in research.
- Origin of the support received, in the form of grants, equipment and drugs.
- Conflict of interest for financial support, material or services obtained from commercial organizations.

### 2. ABSTRACT AND KEY WORDS

The overview will be presented on separate sheet; if it is worded in Spanish you must have the respective translation into English, having a maximum of 250 words each. A brief Introduction (background for the study), the Objectives of the study (what the study seeks to determine), Design (type of research), Setting (institution(s) where the study was carried out and if it is a teaching institution), participants (patients or subjects) or Biological material or others, Interventions (the basic procedures used, materials and methods, statistical analysis), Main outcome measure (indicators of results), Results

(only the main ones) and the most important Conclusions. After the summary, add 3 to 10 keywords or phrases that help to classify the article. Use the terms of the Index Medicus (Medical Subject Headings - MeSH) list. In the Abstract, the corresponding parts are Introduction, Objectives, Design, Patients or Materials, Interventions, Main outcome measures, Results, Conclusions, Keywords.

### 3. INTRODUCCIÓN

It includes the exposition of motives and objectives of the work and brief reference of the pertinent literature, without making an extensive review of the subject. It shall not include data or conclusions of the work carried out. It shall not exceed two pages.

### 4. METHODS

It briefly describes characteristics of subjects or of the material employed in the work, the techniques used for its realization and statistical studies. Only detail new or modified techniques. In case of known techniques, point only the bibliographic reference. Mention ethical considerations including informed consent, approval of the institution or hospital ethical committees.

### 5. RESULTS

Present them in brief form, but the most orderly or coherent as possible. The use of tables and figures is to complement the information; limit the number to a minimum. Tables and figures, arranged by Arabic numbers, will bring the corresponding legend. The photographs will be of the best possible resolution. When you reproduce material already published, it is imperative to attach a copy of the letter of authorization from the original author and the respective Publisher.

### 6. DISCUSSION

Emphasize the new and important aspects of the study and the conclusions that derive from them. Do not repeat the data or information already presented in the sections of introduction and results. Set the nexus of the conclusions with the goals of the study, but refrain from making general statements and draw conclusions that are not scientifically supported. Compare your results with those of other researchers. You can include new hypotheses and recommendations, when there is justification to do so.





## 7. ACKNOWLEDGMENTS

Acknowledgments to persons or institutions that have collaborated in the preparation of the article will appear before the bibliographical references.

## REFERENCIAS BIBLIOGRÁFICAS

References shall be exclusively referred to the text of the article, ordered sequentially according to their appearance and drafted according to the Index Medicus international standards and Vancouver norms ([http://library.vcc.ca/downloads/VCC\\_VancouverStyleGuide.pdf](http://library.vcc.ca/downloads/VCC_VancouverStyleGuide.pdf)) ([https://www.nlm.nih.gov/bsd/uniform\\_requirements.html](https://www.nlm.nih.gov/bsd/uniform_requirements.html)). Add the doi in references that have it.

**Journal articles:** Surname of the author and co-authors followed by the initials of the names, these without separation between themselves. You can include up to six authors, separated by commas; If there are more than six, is not to score them but add 'y col' in Spanish, 'et al' in English. A period will be placed after the authors' names, and then the title of the article will be quoted in the language of origin, followed by a period. Then the name of the journal (in internationally recognized abbreviation), period, and the year of publication, semicolon; the number of volume (number of supplement in parenthesis), followed by colon, finishing with the pages among which appears the article and an end period. Add the doi in articles that have them.

Example: Lokki AI, Aalto-Viljakainen T, Meri S, Laivuori H. Genetic analysis of membrane cofactor protein (CD46) of the complement system in women with and without preeclamptic pregnancies. PLoS One. 2015 Feb 24;10(2):e0117840. doi: 10.1371/journal.pone.0117840.

**Books, brochures or similar:** Author or co-authors in the same way that for articles. Title of the work, period, and then the preposition "In" followed by colon, surnames and initials of the editors of the book followed by the word "editor(s)" in parenthesis, period, and the title of the book in the language of origin; period, and the number of Edition, period; place of editing and colon, name of Publisher, period; year of the Edition, colon and (without separation) pages in which the article appears, period. DOI.

Example: Figueroa F, Osorio Manyari A. Alteraciones del crecimiento fetal. In: Huamán Guerrero M, Sosa Olavarría A, Pacheco Romero J. Ecografía en Obstetricia, Medicina Fetal y Ginecología. Lima, Perú: R&F Publicaciones y Servicios S.A.C. 2009:137-48.

**Thesis:** Author, in the same way as for the articles. Work title, in parentheses specify the aimed degree, period. City and country where sustained, separated by a comma, colon and the University of origin, a comma, the year, and period. The number of pages, followed by the abbreviation "pp".

Example : Gota DF. Morbilidad y mortalidad. Estudio retrospectivo en pacientes hospitalizados del Hospital Cayetano Heredia (Tesis de Bachiller). Lima-Perú: Universidad Peruana Cayetano Heredia. 1990:59 pp.

## II. REVIEW ARTICLES

They must be drafted according to the following scheme:

- Keywords
- Introduction
- Development of the matter
- Conclusions
- Bibliographic references with a minimum of 70.

Otherwise, follow the indications for the original articles.

## III. SHORT COMMUNICATIONS AND CASE REPORTS

They should be worded as follows:

- Non-structured summary and abstract, maximum 125 words
- Brief introduction
- Case report
- Discussion
- Bibliographic references

The total extent of the work, including references, will not exceed 6 pages or 1500 words. A maximum of 4 figures or tables and 15 references will be accepted.

## IV. SYMPOSIA

Articles should be worded as follows:



- Non-structured summary and abstract, maximum 250 words
- Keywords
- Introduction
- Methodology
- Theme development
- Bibliographic references with a minimum of 70.

Otherwise, follow the indications for the original articles.

#### V. LETTERS TO THE EDITOR

They should be worded as follows:

The authors can be up to a maximum of 3. The total extent of the work, including references, will not exceed 2 pages or 500 words. A maximum of 2 figures or 2 tables and no more than 10 references will be accepted.

When the Letter relates progress of preliminary investigations or succinctly describe a research, the number of words can be of up to 1000.

Letters to the Editor and replicas must be drafted brief, report the problem, then the discussion and proposing solutions or conclusions.

Concerns or questions about editorial policy or about the requirements for submission of articles to *Revista Peruana de Ginecología y Obstetricia* can be addressed to the Director:

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